

# Sheffield Carers Centre

## WHO CARES FOR THE CARERS?



# Services of Sheffield Carers Centre

- Open to all adult carers (some exceptions on assessments)
- Carer Advice Line – speak with a Carer Adviser on any issue related to the caring role. Information, advice & signposting.
- Carers Assessments & Support Planning – identifies the impact of the caring role on all areas of carer's life and works with carer to put support in place
- Community Connect – volunteers provide 1:1 social calls and listening ear
- Carers Café – peer social group and support online/in person

# Services of Sheffield Carers Centre

- Carer Card – discounted offers from local businesses on goods, services and activities that promote wellbeing and encourage carers to take time for themselves
- Website – information resources
- Monthly E-news
- Follow on social media

Many thanks for your time



Sheffield Carers Centre  
Dearing House  
Young Street  
Sheffield S1 4UP



**Phone: Carer Advice Line**

0114 272 8362 (10am to 4pm)



**Email:**

support@sheffieldcarers.org.uk



**Web:**

www.sheffieldcarers.org.uk



**Social Media:**

facebook.com/SheffieldCarers



twitter.com/sheffieldcarers

