

Knitted Heart (make 2 of these)

Using 4mm needles and DK yarn cast on 2 stitches

Beginning with a Knit row, stocking stitch 2 rows.

Increase row - Knit twice into both stitches (4 stitches)

Purl one row

Increase row - K1 increase in next stitch knit to last 2 stitches

increase 1 in next stitch and K1

Purl one row Repeat last 2 rows 8 times - 22 stitches

Stocking Stitch 4 rows then work increase row above again
(24 stitches)

Stocking Stitch 4 rows

Dividing Row - Purl 12 and work on these stitches only.

K1 K2tog K9

Purl Row

K1 K2tog K to last 3 stitches K2tog K1

Repeat these last two rows twice more (5 stitches)

Purl 1 Purl 3 together Purl 1 Then cast off knitwise

With wrong side facing re-join yarn to remaining 12 stitches and Purl to end

K9 K2tog K1

Purl Row

K1 K2tog K to last 3 stitches K2tog K1

Repeat last two rows twice (5 stitches)

Purl 1 Purl 3 together Purl 1

Cast off knitwise Join together leaving a small opening—stuff firmly and close opening

Make a hanging loop (I use the hanging loops from inside clothes), and put at heart centre. Add trimmings if desired. Make appropriate for ladies, men and children

