## FEEDBACK FROM POSITIVELY RURAL: WELLBEING 15/10/2021

# Why do we in church rarely talk about loneliness? If we did how do you think it might change us?

- Churches don't always want to acknowledge that there could be lonely people within the congregation
- People can feel theologically isolated
- Surprised at young people feeling lonely
- Stigma attached to loneliness
- Zoom has offered a different way of being included
- Are people are feeling even less confident to put the kettle on due to fear of covid?
- How much as the church do we feel responsible for solving all the community's/world's problems?
- Sometimes we need to be open as a church to welcome 'new' people. not sure we are always in that place
- I think some may be afraid of linking to the lonely because it may become a big commitment they are not ready for

## What words would you use to describe your ideal community?

- Friendly
- Welcoming and respectful
- Welcoming and not suffocating Inclusive
- Observant of people and needs
- Diverse
- Supporting people for who they are
- Accepting
- Valuing and recognizing potential
- Continuity
- Faith sharing
- Everyone recipient and contributors

### **Next 2 events**

Tuesday 18th January 7.30-9pm POSITIVELY RURAL: FAMILY ENGAGEMENT

Register here: https://220118positivelyrural.eventbrite.co.uk

Wednesday 27th April 10-11.30 POSITIVELY RURAL: WELL BEING AND MENTAL HEALTH

#### Other rural resources

TRAINING EVENT <a href="https://www.eventbrite.co.uk/e/countryside-at-the-crossroads-an-abc-of-agricultural-change-tickets-160218557017">https://www.eventbrite.co.uk/e/countryside-at-the-crossroads-an-abc-of-agricultural-change-tickets-160218557017</a>

PRAYER AND WORSHIP FOR THE FARMING YEAR – a prayer book, contact Stephen for details. stephen.f.caddy@gmail.com

Some ideas for what small grants are available to assist people with funding for isolation and loneliness projects.

- 1. <a href="https://www.allchurches.co.uk/">https://www.allchurches.co.uk/</a>
- 2. https://www.nfumutual.co.uk/about-us/charitable-trust/ up to £1,000
- 3. <a href="https://www.groundwork.org.uk/apply-for-a-grant/national-grants/jacks-supports/">https://www.groundwork.org.uk/apply-for-a-grant/national-grants/jacks-supports/</a> possibility of £250.
- 4. <a href="https://www.grantsonline.org.uk/">https://www.grantsonline.org.uk/</a> might be useful in terms of grants available specifically in Yorkshire.

Feedback form link: <a href="https://forms.gle/Uq1AVyvapnxi9Go79">https://forms.gle/Uq1AVyvapnxi9Go79</a>

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